

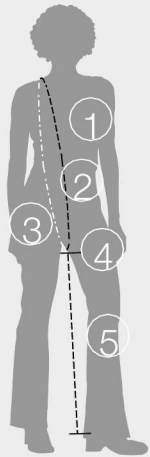
# CHART F

Size	Bust	Waist	Hips	Girth	Inseam
Children	Girls				
XSC extra small	21-23	19-21	22-24	37-39	21½
SC small	24-25	22-23	25-26	40-43	23½
MC medium	26-27	23½-24	27-29	46-48	26½
LC large	28-30	25-26	30-32	51-54	30

Size	Chest	Waist	Girth	Inseam
Children	Boys			
XSC extra small	21-23	19-21	38-40	22
SC small	24-25	22-23	41-44	22½
MC medium	26-27	23½-24	46-49	25½
LC large	28-30	25-26	50-54	28¾

Teen/Adult	Women				
T teen	30½-32	25-26	32½-34	55-58	30¾
SA small adult	32½-34	24-26	34-36	55-58	31¾
MA medium adult	35-37	26½-28	37-39	58½-61½	32¾
LA large adult	38-40	29-30	40-42	62-64	34¼
XLA extra large adult	41-42	31-33	43-44	64¼-66	35¾

Teen/Adult	Men			
T teen	31-33	27-28	55-58	31
SA small adult	34-36	29-31	59-61	32
MA medium adult	37-39	32-34	62-65	32½
LA large adult	40-43	36-38	66-68	33½
XLA extra large adult	44-46	39-41	69-71	34½



## Measuring Your Students

- BUST:** With arms relaxed at your sides, measure the fullest part of the bust, keep tape parallel to ground. This will determine your top size.
- WAIST:** Measure around the narrowest part of your natural waistline.
- HIPS:** Stand with heels together and measure the fullest part of your hips, keep tape parallel to ground. This will determine your skirt, pant and short size.
- GIRTH:** Place tape measure at center of shoulder, down the front torso, between the legs, up the back and to the same shoulder, hold tape loosely. This will determine your unitard, biketard and leotard size.
- INSEAM:** Measure inside of leg from upper leg to floor, hold tape loosely.

**Please do not only give us your child's measurements.  
You must pick a size. Thank you.**