

BALLET ARTS STUDIO presents

Elements in Motion

Saturday, May 30, 2026 at 2 pm and 6:30 pm
 Bardavon Opera House
 35 Market Street, Poughkeepsie, NY 12601

Welcome to the **2026 Concert Guide**.
 Please use this guide as a reference for everything you need to know about our Concert season. Please read this Guide carefully. After review, if you have questions or would like to volunteer in dressing rooms, please call or email the studio or contact Ms. Fern at riccifmr@gmail.com.

TICKETS (GENERAL ADMISSION)
 \$25; \$15 for children under 12 & seniors;
www.bardavon.org
 Bardavon Box Office:
 845.473.2072
 Ticketmaster:
 800.745.3000

May

Rehearsals & Studio Calendar at a glance:

Dates	Information
Friday, May 22, Monday, May 25 and Tuesday, May 26	Studio CLOSED
Wednesday, May 27 and Thursday, May 28	<u>Mandatory</u> DRESS rehearsals at BARDAVON. (See next page.) Sign in at Bardavon Stage Door.
Friday, May 29	<u>Mandatory</u> Full Dress Rehearsal at BARDAVON. (See next page.) Sign in at Bardavon Stage Door.
Saturday, May 30	CONCERT! 2 pm & 6:30 pm shows! Sign in at Bardavon Stage Door.

Bardavon Rehearsal Schedule May 27 - May 29, 2026

Rehearsal DATE	Wed, May 27th Dress Rehearsal ACT II ONLY	Thursday, May 28th Dress Rehearsal ACT I ONLY	Friday, May 29th Dress Rehearsal FULL CONCERT
ARRIVAL TIME 4:00 PM	1. Tap III 2. Modern III 3. Modern/ Contemporary I	1. Monday Prep for Ballet 2. Saturday Prep for Ballet 3. Saturday Lower School I Ballet	All dancers in ACT I and all of Ms. Fern's dressing room volunteers.
ARRIVAL TIME 4:30 PM	4. Jazz III 5. Jazz II 6. Tap I	4. Tuesday Lower School I Ballet 5. Friday Prep for Ballet 6. Wednesday Lower School I Ballet	
ARRIVAL TIME 5:00 PM	7. Hip Hop III 8. Saturday Theater Dance II & Dance as You Are 9. Tap IV	7. Tuesday Lower School IV Ballet 8. Thursday Middle School Ballet 9. Thursday Lower School II Ballet	Dancers who are <i>only</i> in ACT II
ARRIVAL TIME 6:00 PM	10. Jazz I / Theater Dance I 11. Contemporary II 12. Contemporary III	10. Wednesday Lower School III Ballet 11. Beginning Pointe 12. Senior Quartet	
ARRIVAL TIME 6:30 PM	13. Hip Hop I 14. Modern II 15. Partnering	13. Friday Lower School II 14. Thursday Lower School IV Ballet 15. Upper School Pointe	
ARRIVAL TIME 7:00 PM	16. Wednesday Theater Dance II 17. Tap II 18. Theater Dance III	16. Friday Lower School III Ballet 17. Wednesday Middle School Ballet	

ARRIVAL TIME 7:30 PM	19. Hip Hop II 20. DDC Hula 21. DDC Modern	18. Variations 19. DDC Ballet	
Rehearsal DATE	Wed, May 27th Dress Rehearsal ACT II ONLY	Thursday, May 28th Dress Rehearsal ACT I ONLY	Friday, May 29th Dress Rehearsal FULL CONCERT
Caregivers in theater?	YES! Still photography only. NO FLASH OR VIDEO! Prof. photographer will take photos.	YES! Still photography only. NO FLASH OR VIDEO! Prof. photographer will take photos.	NO! CLOSED Rehearsal! Only staff & Ms. Fern's dressing room volunteers allowed in building! Prof. photographer will take photos.
Dressing rooms?	NO! Dancers will be called to the stage from the house.	NO! Dancers will be called to the stage from the house.	YES! ALL dressing room volunteers required to work this dress rehearsal!
Costume, hair, makeup?	YES!	YES!	YES!
Other information	We will rehearse <u>in the order set above</u> . Dancers may leave when all of their pieces in ACT II have been rehearsed.	We will rehearse <u>in Concert order</u> (set forth above). Dancers may leave when all of their pieces in ACT I have been rehearsed.	This is a full, non-stop run-through of the Concert, <u>in Concert order</u> . Dancers may leave when all of their pieces have been rehearsed.

PERFORMANCE DAY: SATURDAY, May 30th

ARRIVAL TIMES: **11:30 AM**, warm up class for: Lower School III Ballet, Lower School IV Ballet, Middle and Upper School Ballet, Modern II & III, Jazz II & III, Tap IV, Theater Dance II & III and Contemporary II & III; all dancers should come prepared for warm up class. Ms. Fern's dressing room volunteers must be in these dancers' dressing rooms at this time.

1 PM for Preparation for Ballet, Lower School Ballet I & II, Tap I, II & III, Modern/ Contemporary I, Theater Dance I, Dance as You Are, and Hip Hop I, II & III. Ms. Fern's dressing room volunteers must be in these dancers' dressing rooms at 1 pm.

5:30 PM Friday Preparation for Ballet, Tuesday Lower School I Ballet, Wednesday Lower School I Ballet

DEPARTURES: **2 PM & 6:30PM SHOW** Prep for ballet & Lower School I Dancers whose dressing room is in the Annex may leave at Intermission or stay until the Grand Finale Bow. All other dancers must stay at the Bardavon for the entirety of the day.

Please note: The dancers will have a formal warm-up on Saturday only. On Wednesday, Thursday & Friday, dancers must FULLY warm up on their own.

RULES FOR BARDAVON REHEARSALS AND PERFORMANCE DAY

- Dancers must arrive with makeup and hair ready for their first piece.
- Wear costumes covered by a big shirt or carry covered costumes on a hanger.
- All dancers and caregivers must enter and leave through the STAGE DOOR, where they will sign in and sign out with Ms. Fern or Ms. Mary.
- Caregivers are permitted to drop off and pick up their dancers in the dressing room, but may NOT remain backstage unless they are one of Ms. Fern's dressing room volunteers.
- **Dancers MUST remain in their assigned dressing rooms at all times.** You may not, at any time, go to another area or dressing room for make-up, food, clothing, or to play. Even bathroom breaks require permission!
- Please bring something to do while you are in your dressing room. Homework, books, card games, tablet, etc
- Keep your dressing room neat. Please pick/wipe up anything you drop or spill.
- Dancers, in their words and actions, must show respect for the dressing room volunteers, the Ballet Arts Staff and your fellow dancers.
- Lower School II level dancers and up are not permitted to leave the theater between the matinee and evening performances. Preparation for Ballet & Lower School Ballet I dancers may leave the theater with their caregiver during intermission or at the conclusion of the 2pm show but should return to the theater by 5:30pm if they are in the 6:30pm performance.
- No eating or bringing drinks into the Bardavon house (Audience seating area).
- No running, horseplay or touching Bardavon equipment or property. Young dancers and non-dancers must be attended to at all times.
- Shoes MUST be worn at all times and in all areas of the building.

COSTUMES

- Please sew costumes. Do not pin.
- All female dancers who are over age eight MUST wear a "nudie" even if they do not have a costume change. We recommend a fabric strap, not a plastic strap. You can buy "nudie" leotards from our online dancewear store.
- **Please put the dancer's name in all costumes, shoes, accessories, and everything brought to the theater.**
- Make sure you have ALL headpieces, ALL shoes, and/or costume accessories; make sure to have all tights needed such as pink, black, skin color, etc. – please make sure to bring extra pairs of all tights!
- Ballet slippers and/or pointe shoes must have drawstring knotted and cut, and pointe shoe elastic and ribbons must be trimmed.
- Keep costumes clean. While wearing them, cover them with a big shirt or robe, or take off before eating.
- Bring a towel/blanket for sitting on the floor.
- **Avoid panicking!** If you have a broken strap, a missing shoe, or anything that needs attention, please tell your dressing room volunteer immediately—they have volunteered their time to help you!

- **NO JEWELRY!** This means no earrings, necklaces, wristbands (including friendship bands), rings, ankle bracelets, ponytail holders on wrist, etc. Please do not get piercings within eight weeks of the Concert.

MAKEUP

- **ALL female dancers Lower School III level and above MUST wear makeup.**
- Dancers in Preparation for Ballet, Lower School I and Lower School II level classes may wear lipstick and makeup if they wish.
- Skin-tone base
- Rose colored blush
- Brown eye shadow
- Black liquid eye liner
- Black mascara
- Mahogany or True Red Lipstick
- Only clear nail polish is allowed on hands and/or feet. **Please do not get gel polish or acrylic applications within two weeks of the Concert as it is too hard to remove.**
- Each dancer must have her or his own makeup...do not share makeup!
- **For Boys:** Skin tone base, blush and eye shadow is suggested.

HAIR

- Classical buns are on the crown of the head, not on the back OR the top of head. ALWAYS bring extra hair pins, hair ties and hair nets!
- Spray and/or gel and pin all wisps and bangs.
- Use large bobby pins and a hairnet for buns.
- Arrive at the theater with your makeup and hair done. If hair and/or makeup changes are required, come prepared to make the changes.
- Dancers with short hair must use enough product/bobby pins to keep it in place off face or wear hair in a ponytail.

FOOD

- Bring clean, dry snacks (Cheerios, cereal, crackers, power bars, etc.).
- Do not bring anything to eat or drink that drips or stains.
- Water is the best drink for dancers during performance.
- Please pack enough food and drink for the entire day!
- **Do NOT eat in costume.**

PARKING

- There is a large municipal lot behind the Bardavon, and a number of other municipal lots in the area. Please note that some of these lots charge for parking. Do not park directly adjacent to the Bardavon building, as you will get a boot on your car, or get towed.

VIDEO AND PHOTOGRAPHS

- **FLASH PHOTOGRAPHY IS HAZARDOUS TO THE DANCERS AND IS NOT PERMITTED.**
- **NO VIDEOTAPING IS PERMITTED AT ANY TIME.**
- **No photography is permitted during the Saturday performances.**
- You are allowed to take still photographs from your seat in the house during the Wednesday and Thursday Bardavon rehearsals. Please do NOT stand at the edge of the stage if you are taking pictures.
- A professional photographer will be taking photographs of the rehearsals and the performance, and the photos will be available for purchase.
- A digital download will be made available for purchase following the performances.

The Performances will be FABULOUS!
Enjoy and love every minute!